

Pro Bono Counseling and Case Management with our Interns!

During the school year (September – May) we host a variety of interns from local colleges who are pursuing Bachelor's or Master's degrees in Social Work. Most interns are with us from September to May; however, we may also host interns over the summer depending on need. During their field experiences, interns learn and practice providing clinical services under the direct supervision of one of our licensed therapists. All intern-provided services are bound by Gateway's confidentiality policy and details will never be shared outside of the agency without written client consent.

Counseling:

Our Master's level interns can support individuals seeking counseling. People can receive support around a variety of issues, including but not limited to: managing anxiety/depression, processing past trauma and/or current life struggles, anger management, relationship issues, and building confidence and self-esteem. Each intern carries a caseload of 3-4 clients, so spots may fill up fast!

To be considered for pro bono counseling, individuals must:

- Not be able to access services through insurance (e.g., those who have Emergency-only Mainecare or are uninsured)
- Speak English at a level where effective communication is possible without interpretation*
- Be able to commit to regular meetings of 1 hour on a weekly or bi-weekly basis
- Understand that the service will terminate when the intern completes their placement

Case Management:

Both our Master's level and Bachelor's level interns can provide case management support. This service can assist clients in meeting basic needs, such as obtaining housing, applying for benefits, advocating with GA, and coordinating medical care, among a variety of other services dependent on the needs of the client/family. Interns provide support to individuals who would like to become more familiar with their community's resources and enhance their ability to independently manage their daily needs.

To be considered for pro bono case management, individuals must:

- Not be able to access services through insurance (e.g., those who have Emergency-only Mainecare or are uninsured)
- Speak English at a level where effective communication is possible without interpretation*
- Be able to commit to regular communication with the intern around goals and needs
- Understand that interns have limited schedules and are not always available for same-day requests and needs
- Understand that the service will terminate when the intern completes their placement

* While we typically serve clients whose English proficiency does not require an interpreter, we may have multi-lingual interns, so those interested are encouraged to reach out to Krista Hall, LCSW, our Clinical and Program Development Director, for more information on available slots and languages for intern-provided services. Krista's email is krista.hall@gatewaycommunityservice.org.